WHEN TO USE

Use Engystol® When You Have:

- Any infection with or without fever
- Need long-term immune support
- Respiratory infections like RSV
- Want something gentle and safe

Use Gripp-Heel® When You Have:

- Flu symptoms
- Need extra immune system boost
- Upper respiratory infections (head cold, sinus issues)
- Want to prevent getting sick during flu season

Use Both Together When:

- You want the strongest natural support
- You have recurring infections
- You need comprehensive immune system help

TECAYA HEALTH
LARREA NATUROPATHIC

OFFICE HOURS
Monday: Closed
Tuesday: 9:00 am – 4:00 pm
Wednesday: 9:00 am – 4:00 pm
Thursday: 9:00 am – 4:00 pm
Friday: 9:00 am – 4:00 pm
Saturday: Closed
Sunday: Closed

CLOSED FOR LUNCH 12:00-1:00

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Engystol® and Gripp-Heel® are homeopathic combination medicines that activate the body's natural immune defenses against viral infections. They aim to strengthen immunity and have shown clinical efficacy in treating viral conditions with excellent safety profiles for long-term use.

PROVEN SAFE AND EFFECTIVE FOR SYMPTOMS OF

- Infections with fever
- Influenza
- Respiratory Syncytial Virus (RSV)
- Corticosteroid-dependent asthma
- Post-viral syndrome

HOW DOES IT WORK?

Think of these medicines as coaches for your immune system. Instead of fighting the virus directly, they help train your body's natural defenses to work better and faster. This helps you:

- Get better more quickly
- Have less severe symptoms
- Recover more completely

WHAT MAKES THEM SPECIAL

Safe and Gentle:

- No known side effects
- Safe to take with other medications
- Can be used long-term if needed
- Suitable for adults and children over 12

Proven Effective:

- Studies show 88% of people get good to excellent results
- In one study, 68% of people taking Gripp-Heel® felt completely better, compared to only 48% taking conventional medicine
- Can help reduce the need for steroid medications in asthma patients

DOSAGE AND ADMINISTRATION

For New Illness

Quick Action Protocol:

- Take 1 tablet every 15 minutes for the first 2 hours (up to 8 tablets)
- Then switch to regular dosing

For Regular Treatment

Daily Dosing:

- Tablets: 1 tablet under the tongue, 3 times per day
- Let tablets dissolve completely in your mouth for best results

For Prevention During Flu Season

Maintenance Dosing:

- Take 1 tablet 2-3 times per week
- Start before flu season begins
- Continue throughout cold and flu season
- Injections: 1 to 2 per month during seasons of increased illness

What to Expect

Timeline for Results:

- Tablets: Full benefit within 4 days
- Liquid/Injections: May work slightly faster
- Prevention: Benefits build over time with regular use

Signs It's Working:

- Symptoms improve faster than usual
- Less severe symptoms
- Better energy during recovery
- Fewer repeat infections

INGREDIENTS

Both medicines contain natural plant and mineral ingredients that have been used traditionally for viral infections:

Key Natural Ingredients:

- Asclepias (Swallow-wort plant) - Helps with fever and flu symptoms
- Aconitum (Monkshood plant) - Good for dry cough and hoarseness
- Bryonia (Wild hops plant) - Helps when symptoms get worse with movement
- Sulphur (Natural mineral) - Supports overall healing

All ingredients are highly diluted and prepared using homeopathic methods

Tecaya Health

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