IPAMORELIN | TESAMORELIN | CJC-1295

Adding Growth Hormone Supportive Peptides to Your GLP-1 Plan

Why Consider Adding a Peptide?

GLP-1 medications like Semaglutide or Tirzepatide are excellent for appetite control and weight loss.
However, when weight drops quickly, unintended changes can occur:

- Up to 25–40% of weight lost can be muscle
- Metabolism can slow
- Energy may decrease
- Skin elasticity may decline
- Strength can drop

Adding a growth hormone–stimulating peptide may help improve body composition — meaning more fat loss and better muscle preservation.

What These Peptides Do

1 Ipamorelin

A selective growth hormone secretagogue that gently stimulates your own GH release. Works in pulses — mimics the body's natural rhythm without flooding the system.

2 Tesamorelin

An FDA-approved GHRH analog (brand: Egrifta). Clinically shown to reduce visceral (deep abdominal) fat. Especially effective for patients with stubborn belly fat that doesn't respond to diet alone.
Focus: *Visceral fat reduction*

3 CJC-1295

A longer-acting GHRH analog that increases the number and amplitude of natural GH pulses. Supports sustained anabolic signaling throughout the day.
Focus: *Lean muscle preservation*

Pricing Options

Combination	Protocol	Investment	Duration
CJC-1295 + Ipamorelin	SubQ injection nightly at bedtime — aligns with natural GH pulse during sleep	**$329**	5–10 weeks supply
Tesamorelin + Ipamorelin	SubQ injection nightly — targeted visceral fat reduction protocol	**$370**	4–6 weeks supply

We test IGF-1 levels before initiating treatment to establish your baseline and guide dosing.

How They Support Your GLP-1 Treatment

1. Help Preserve Lean Muscle

These peptides increase natural growth hormone, which raises IGF-1, which supports:

- Muscle protein synthesis
- Nitrogen retention
- Recovery from workouts
- Protection of muscle during calorie restriction

2. Support Fat Burning

Growth hormone directly targets stored fat:

- Increases lipolysis (fat breakdown)
- Targets visceral fat specifically
- Improves metabolic fat partitioning
- May shift weight loss toward fat instead of muscle

3. Improve Body Composition

The goal is not just faster weight loss — it's better quality weight loss:

- More fat reduction
- Less muscle loss
- Better long-term metabolic health
- Improved body composition ratios even at the same weight

4. Support Strength & Skin Quality

Growth hormone signaling may also help:

- Maintain strength during caloric restriction
- Improve skin thickness and elasticity
- Reduce the 'deflated' look some patients experience
- Support connective tissue and joint health

Who May Benefit Most

- Patients on GLP-1s losing weight rapidly
- Anyone experiencing muscle loss or fatigue
- Patients with stubborn abdominal fat
- Those wanting better body composition results
- Active patients wanting to preserve strength

What to Expect

Results are gradual and cumulative. Most patients notice:

- Improved energy and sleep quality within 2–4 weeks
- Better body composition changes by weeks 6–12
- Reduced waist measurement over time (Tesamorelin)
- Preserved strength and muscle tone throughout

Contraindications

- Active cancer or history of hormone-sensitive cancer
- Pregnancy or breastfeeding
- Uncontrolled diabetes
- Severe fluid retention or edema

Monitoring

We will track your progress with:

- Baseline IGF-1 lab before starting
- Follow-up IGF-1 at 4–6 weeks
- Body composition review at follow-up visits
- Symptom check-in and dose adjustment as needed

At Larrea Naturopathic Medicine, we prescribe peptides exclusively through **CLIA-certified, FDA-registered 503A compounding pharmacies.**

Every batch undergoes independent third-party testing for purity, potency, and safety. Our pharmacies are LegitScript-certified and held to rigorous regulatory standards.